

2022 MID PENN PLUNGE WARM-UP TIMES

FRIDAY	3:30 – 3:55	3:55 – 4:20	4:20 – 4:45	4:45 – 5:10	5:10 – 5:25
SATURDAY	9:00 – 9:25	9:25 – 9:50	9:50 – 10:15	10:15 – 10:40	10:40 – 10:55
1	CV	Boiling Springs & Trinity	Susquehanna Township, Susquenita, Covenant Christian, & Harrisburg Acad.	Mifflin County	<i>SPRINTS – ALL TEAMS</i>
2				Bishop McDevitt & East Penn	
3	Northern	Central Dauphin	CD East & Hershey	State College & Halifax	
4					
5					
6	Shippensburg	Mechanicsburg	All Teams -- Late Arrivals		